

Neighbor TO Neighbor

Spring 2010
In This Issue:

- Sunnyslope W.I.N.S.
- Community Events
- News to You
- Desert Mission

A Publication of the John C. Lincoln Health Network ■ Community Development 602-870-6060 ext. 1253 ■ JCL.com



Sunnyslope W.I.N.S.

where impacting
neighborhoods succeeds

It's a New Year; It's a New Census!

It's easy to understand why we celebrate the New Year, but you may not have given much thought to celebrating 2010 as a census year. Most everyone knows what the U.S. Census is – a count of the people. In these challenging economic times, it's also important to spread the word about what the Census actually does. Each completed Census form equates to funding for important community services, including job-training programs, neighborhood fire stations, bus service, library hours, senior services, and programs for children and youth.

For Phoenix residents, each person counted means \$400 a year in federal and state funds for these types of services. Reverse that thought, and each person living in Phoenix who is not counted in the 2010 census means a direct loss of \$400 a year to the city budget. When multiplied by your neighbors' responses, that adds up to a potential loss of millions of dollars.

Conducting a count of the people every 10 years is part of our Constitution, which makes it the law for every household to return a completed census form. At the national level, getting an accurate population count through the Census distributes more than \$400 billion a year in federal, state, city and tribal funds. Counting our population also determines the number of congressional seats for each state and defines state legislative districts. Closer to home, the Census count helps guide the boundaries of Phoenix City Council districts.

continued on page 2



Sunnyslope Art Walk is 5 - 9 p.m. Saturday, April 10

Join us at a variety of venues along the east side of Central Avenue, beginning at Sunnyslope Village Center at Central and Dunlap avenues, heading south toward the canal. Come see what the creative artists of Sunnyslope and the Valley have to offer. You'll find jewelry, fine art, photography, wood sculptures and so much more. The event will also feature talented local musicians – a fun-filled evening for the family!

Subscribe to
Neighbor To Neighbor

To be included in our mailing list or submit an article for consideration, call Margaret Wagner-Smith at 602-870-6060 ext. 1253.


John C. Lincoln
HEALTH NETWORK

In this time of heightened awareness about protecting our personal information, it's also good to know that the information you provide on the Census questionnaire is confidential.

Personal Census information is not shared with any other government agency or organization. As a matter of fact, Census workers take a lifetime confidentiality oath and can go to jail for revealing Census information.

Another important feature of the 2010 Census is that it's the shortest questionnaire in the history of the Census (since 1790!). When you receive your 2010 Census form in the mail in March, it will have just 10 questions and should take only a few minutes to complete. A postage-paid envelope is provided, which makes it easy to drop the completed form in the outgoing mail.

While many of us think of Census workers going door-to-door to count our population, that's really only used as a last resort. Getting an accurate count of the people is so important that, if you don't return the questionnaire by the end of April, a Census representative will call you or visit your home as many as six times. If you still don't respond, your neighbors may be asked about the people residing in your home.

So when you see your own 2010 Census form arrive at your home in mid-March, please fill it out and drop it in the mail. It's easy, it's safe and it's important. By doing so, you are not only obeying the law – you are helping to ensure vital funding for important community services.

Article courtesy of City of Phoenix Councilman Claude Mattox, District 5.

United States[®]
**Census
2010**

What's inside the packet?

The Initial Questionnaire Package, which will consist of the initial questionnaire, a cover letter and a return envelope, will be delivered between March 15 and 17, 2010, in areas where the U.S. Postal Service delivers the Census questionnaires for the Census Bureau. Census workers will deliver questionnaires March 1 - March 31, 2010, in all other areas.

What is a Census QAC?

Desert Mission will be home to a 2010 Census Questionnaire Assistance Center beginning in March. The QAC is available to assist community members who are unable to read or understand the questionnaire.

Large-print questionnaires are available to the visually impaired upon request, and a Teletext Device for the Deaf program will help the hearing-impaired. Look for more information on when the QAC will be open at www.sunnyslopecommunity.org.

U.S. Department of Commerce
Economics and Statistics Administration
U.S. Census Bureau
8411 Kelleo Drive
Essex MD 21280-4444
OFFICIAL BUSINESS
Penalty for Private Use \$300
D-6A(MD) (5-2009)
AN EQUAL OPPORTUNITY EMPLOYER

United States[®]
**Census
2010**

PRESORTED
FIRST-CLASS MAIL
POSTAGE & FEES PAID
U.S. CENSUS BUREAU
PERMIT NO. G-58

U.S. Census Form Enclosed
**YOUR RESPONSE
IS REQUIRED BY LAW**

Mr. John Doe
1234 W. Indian Road
Phoenix AZ 85001

USCENSUSBUREAU

Desert Mission Children’s Dental Clinic Expands Service Area

The Desert Mission Children’s Dental Clinic has expanded its service area. In addition to serving Sunnyslope students and residents, the CDC is now providing services to eligible Phoenix residents ages 4 through 20.

The CDC is now able to provide services to both AHCCCS and uninsured patients. In addition, patients do not have to be enrolled in school to receive treatment.

The Desert Mission Children’s Dental Clinic has been providing comprehensive dental care since 1929. More than 60 volunteer dental professionals contribute their services to help young patients.



For more information about the Desert Mission Children’s Dental Clinic, please call 602-870-6363.

MOMS Club Offers Support

Welcome! MOMS Club of Phoenix Northeast is a support group for moms living in the northeast Phoenix area. Our club welcomes all mothers who are home anytime during the week and are looking to connect with other mothers and children. We offer moms monthly events to attend with their children as well as weekly playgroups. We also have a monthly MOMS Night Out, and we participate in community events. We know being an at-home mother today means making a financial sacrifice, so dues to our chapter are only \$25 a year.

If you are interested in joining and you reside in our boundaries (East/West: 32nd Street to Seventh Street, North/South: Carefree Highway to Dunlap Avenue, plus 32nd Street to Tatum Boulevard, north of Loop 101 to Pinnacle Peak Road), contact us at momsclubphxne@gmail.com.





Marley House Behavioral Health Clinic

Do you ever feel like the pieces just don't fit?

You are not alone. The qualified staff at Marley House is here to help. We offer low-cost counseling services in North Phoenix. Families in our community don't have to face difficult times alone. Marley House is a licensed behavioral health outpatient clinic and assists families. Marley House offers families the tools necessary to resolve current stressors, create a long-term plan for a stable future and work toward self-sufficiency.

Call today for an appointment 602-331-5817.

Annual Parking Lot Sale Benefits Historical Society Saturday, March 13, and Sunday, March 14

This annual sale is a fundraiser for the Sunnyslope Historical Society museum, 737 E. Hatcher Road. Event hours are from 8 a.m. to 4 p.m. both days. Donated items, except clothing and shoes, are accepted for the sale.

Furniture donations must be light enough to be carried by two "older people." We can arrange to pick up the items, if needed.

Some items donated already include a 4-foot-wide solid wood dinette table, a Mexican-style six-drawer cabinet, two nice office chairs, kitchen items, a drop-leaf table and tools.

If you would like to donate or need more information, call the museum at 602-331-3150.

North Phoenix Singles Club

The North Phoenix Singles Club is a group of men and women older than 50 who are widowed, divorced or never married.



We are a social singles club whose purpose is to meet people, enjoy ourselves and have fun!

We meet on the first, third and fourth Sundays of the month at 1 p.m. at Elks Lodge No. 335, 14424 N. 32nd St., Phoenix, 85032.

A few examples of the types of activities that we schedule include: house parties, potlucks, social hours, trips, dances, bowling, game nights, movies and the theater and so much more!

For more information, call 602-601-0303, or visit our Web site: www.arizonacircle.com/nps.html.

SVA/Credit Union West Honors Sixth-Grade Super Students

The Sunnyslope Village Alliance Super Student of the Month program began in 1995. Our partner in the program is Credit Union West, which generously funds the program. Students are chosen by their teachers for exhibiting positive citizenship and academic achievement. These students deserve a big "thank you" for being a credit to their school, teachers and parents.

During the 2009-2010 school year, 40 sixth-graders will be honored. Each student receives a framed certificate and a \$20 gift certificate to any restaurant of their choice that is owned by an SVA member business.

Credit Union West will be presenting each student a \$20 savings certificate to open his or her own saving account. The chairwomen are Joyce Porter of SVA and Janet Humphrey of Credit Union West.



The Sunnyslope Village Alliance Super Students of the Month were:

October 2009

Monica Sanchez
Royal Palm Middle School

Victor Lopez and
Jasmine Torres
*Mountain View
Elementary School*

Jennifer Moreno and
Marcella Lope
*Sunnyslope
Elementary School*

November 2009

Elias Salinas
Royal Palm Middle School

Tsion Abi and
Eberardo Hernandez
*Mountain View
Elementary School*

Jose Camacho and
Gabriela Hernandez
*Sunnyslope
Elementary School*

December 2009

J.T. Catalan
Royal Palm Middle School

Carla Cervantes and
Saul Rocha
*Mountain View
Elementary School*

Mirka Manzanarez
and Conner Appel
*Sunnyslope
Elementary School*

Earn "COOL CA\$H" for Lincoln Learning Center

When you shop at Fry's Foods, link your Fry's V.I.P. card and help Lincoln Learning Center raise funds. The "COOL CA\$H" Earning for Learning program tracks amount of purchases from shoppers who have identified Lincoln Learning Center as their school of choice. Once Lincoln Learning Center shoppers have spent \$50,000, Fry's will send the school a check for \$500.

Here is how to start earning money for Lincoln Learning Center:

- Print out the bar code to the right and take it to Fry's with your Fry's V.I.P. card.
- The cashier will scan the bar code into the computer and then swipe your V.I.P. card. This only needs to be done once a school year. Within 72 hours, you will see a "COOL CASH" message on the bottom of your grocery receipt.
- Share the bar code with family, friends and neighbors to help Lincoln Learning Center reach \$50,000 faster.

This year's program runs until April 24, 2010. The Fry's Earning program has donated more than \$10.2 million to Arizona schools since the program began.



Lincoln Learning Center is a nationally accredited early childhood education center providing care and educational services for ages 6 weeks to 12 years. We are located at 303 E. Eva. St. in Phoenix. Visit JCL.com/lincolnlearning or call 602-943-3731.





Acacia Branch Library Events Calendar March

750 E. Townley Ave. ■ 602-262-4336

Library hours:

11 a.m. – 7 p.m. Monday, Wednesday and Friday

9 a.m. – 5 p.m. Tuesday, Thursday and Saturday

Closed Sundays.

CHILDREN'S PROGRAMS

BABY TIME: Your baby needs YOU to learn. Have fun sharing books, songs, finger plays and more. Playtime follows program. Caregiver must accompany baby. Ages birth to 23 months.

10 - 10:30 a.m. Tuesdays, March 2, 9, 16, 23, 30

FAMILY STORYTIME: Join us for Acacia Library's Family Storytime and enjoy stories, songs, finger plays and more! All ages birth to 5 accompanied by a caregiver.

11 - 11:30 a.m. Tuesdays, March 2, 9, 16, 23, 30

TEEN PROGRAMS

Circuit Bending: Learn the art of short-circuiting electronic devices in order to create musical effects. Snacks provided by Friends of the Phoenix Public Library. Ages 12-18.

5 - 6:30 p.m. Monday, March 8

Gameplay!: Listen to music, play Nintendo Wii™ and Guitar Hero, or enjoy a board game. Hang out with other teens and have fun! Snacks provided by Friends of the Phoenix Public Library. Ages 12-18.

5 - 6:45 p.m. Monday, March 8

**Programs subject to change.*

Go online to www.phxlib.org for the latest updates.

Sunnyslope Senior Center Activities 2010

Location: 802 E. Vogel Ave. (two blocks north of Hatcher Road and east of Seventh Street).

Contact: For more information, call 602-262-7572. *Activities subject to change.*

Join us at our Mini-Breakfast available 8:30 -10 a.m. Monday through Friday. Lunch served at 11:30 a.m.

Daily Activities for all people 60 + include:

Strength exercise, balance exercise classes, walking club and crafts.

Bingo for money is now 1- 3 p.m. Monday and 9:30 - 11:30 a.m. Friday.

Bingo for prizes is 9:30 a.m. every Tuesday.

We offer pinochle, poker, bible study, commodities, day trips on the light rail, educational programs, theater and shopping trips, newly released movies, games and more.

A counselor from the Sunnyslope Family Service center will be available 8:30 - 11:30 a.m. every Tuesday.

Ongoing Events:

Card-making

12:15 p.m. Thursdays

Recycle Cards, create your message and design.

Blood Pressure Checks

Second Friday of the month
third Thursday, time TBA

9 - 10:30 a.m.

John C. Lincoln Staff
Community Service

AARP Driver Safety Class

12:30 - 5 p.m.

Wednesday, April 21

\$12 for AARP members

St. Patrick's Day Party

10:30 - 11:30 a.m.

Thursday, March 18

Peggy Kay & the Blue Notes

"Avoiding Scams & Rip-offs"

10:30 - 11:30 a.m.

Thursday, March 25

Spring Bash

10:30 - 11:30 a.m.

Thursday, April 8

¿Practice your español?



Student? Native speaker?

Just want to use your conversational skills? Visit our monthly Spanish conversation group to use and practice Spanish and meet others with the same interest.

Intermediate or better Spanish fluency is helpful, but everyone is welcome. Meetings are 11 a.m. on the second Saturday of the month, near Seventh Street and Glendale Avenue. Membership is free but members are asked to join the Yahoo group at <http://groups.yahoo.com/group/spanish4phoenix>.

Yahoo e-mail is used only for meeting notices, news of cultural events and links to free (noncommercial) Spanish learning resources. Not sure? It's fine to come to a meeting first. Call Jill Ginsburg at 602-678-4277.

Lincoln Learning Center News

Lincoln Learning Center has immediate openings for infants ages 2-6 months, and for children through age 12 in the before and after school program. Free transportation between Lincoln Learning Center and local schools is provided to children in the before-and after-school program.

Located at 303 E. Eva St., on the campus of John C. Lincoln North Mountain Hospital, Lincoln Learning Center is open to all children. Affiliation with John C. Lincoln Health Network is not required.

Melissa Denton, Early Education Program manager at Lincoln Learning Center, reminded parents that it's also time to register their children for next fall's all-day kindergarten class. "We use the Harcourt curriculum and our teacher is bilingual, speaking English and Spanish, and state certified. With our low student-to-teacher ratio, children thrive but space is limited. We urge parents to sign up now to reserve a space in the class," she said.

To encourage early enrollment, new students will get 50 percent off the regular registration fee of \$80 during the month of February.

Lincoln Learning Center is nationally accredited and provides healthy breakfast, lunch and snacks, as well as outdoor play and physical fitness programs. A registered nurse is on-site, and the center is DES - certified. Tuition assistance and scholarships are available to those who qualify.

For more information and a tour, contact Melissa Denton at 602-943-3731 ext. 4509, or e-mail her at melissa.denton@JCL.com. Visit Lincoln Learning Center's Web site at JCL.com/lincolnlearning.




Desert Mission
LINCOLN LEARNING CENTER

State Legislators Visit WESD Schools

Two members of the Arizona Legislature paid visits to WESD schools this winter.

Rep. Eric Meyer from District 11 shadowed Superintendent Susie Cook, PhD, for a day on Dec. 9. He began his day at the December Employee of the Month Breakfast, a recognition event Dr. Cook hosts each month in her office. Following the breakfast, he and Dr. Cook visited the Arizona Cardinals Preparatory Academy and Orangewood School.

On Friday, Dec. 11, Sen. Linda Gray from District 10 visited with third-graders at Washington Elementary. Sen. Gray helped facilitate the donation of backpacks and school supplies for the students. Following a musical performance, a student representative from each class read a thank you note to Sen. Gray and presented her with additional thank you cards.

Free Health Seminars from John C. Lincoln Hospitals

Varicose Vein Treatment

Learn about radiofrequency vein ablation, an outpatient treatment for varicose veins, covered by insurance. Interventional radiologists Aaron Wittenberg, MD, and Michael Di Iorio, MD, will speak at 6:30 p.m. Wednesday, Feb. 24, in the fourth-floor conference room of Medical Office Building 1, 19841 N. 27th Ave., Phoenix, on the campus of John C. Lincoln Deer Valley Hospital.

Register by e-mail to RSVP@JCL.com.

Breast Reconstruction

Lewis Albert Andres, MD, will discuss treatment options for breast reconstruction and lymphedema from 9 to 11 a.m. Saturday, March 20, at the Cowden Center, 9202 N. Second St., Phoenix, on the campus of John C. Lincoln North Mountain Hospital.

Register at 602-870-6300.



Honored by Experts. Honored to Serve.



Adult Day Care Program Kicks Up Exercise Level

This year, the John C. Lincoln Adult Day Health Care is taking exercise to a new level. With the donation of a 64-inch television and the new Wii™ sport and fitness program, we will be working off those holiday pounds! Our “*Matter of Balance*” classes also will increase to twice weekly, providing an opportunity to work on strength and balance.

The Adult Day Health Care is a wonderful place to meet new friends, socialize with peers and participate in a variety of activities in a friendly, supportive environment. We offer assistance in daily needs, as well as nursing and social work services. Are you a caregiver who needs a break? Or someone who is spending the days alone at home? Come on over for a tour – we’d love to have you! Call Anne at 602-870-6374 today!

John C. Lincoln Caregiver Support Events

Caregiver’s Support Group is held 10:30 a.m. – noon the first Wednesday of the month at the Cowden Center, 9202 N. Second St. Call Adult Day Health Care at 602-870-6374 for more information.

Wednesday, March 3 : Long-Term Care Insurance: What to look for in buying a policy, presented by Nancy Foxen, CSA, Western Asset Protection. Nancy has been specializing in senior lifestyle protection since 1982.

Wednesday, April 7 : Exploring Compassion Fatigue: A reality for caregivers, presented by Amy Farley, community educator, Affinity Hospice of Life. This program explores emotions and how compassion fatigue presents itself in the lives of caregivers. Understanding coping skills, self-healing strategies, as well as how and where to seek support.

Thinking about Buying a Home?

First-Time Home Buyer Classes Can Assist You

In an effort to further support families in achieving the dream of homeownership, Desert Mission Neighborhood Renewal (DMNR, which became a HUD-certified housing counseling agency in August 2009) is pleased to expand our offering of our First-Time Homebuyer Classes.

The First-Time Homebuyer Education class is HUD/FHA approved and covers the home-buying process from A to Z in eight hours. DMNR offers this course at two convenient locations and times, and helps families prepare for the purchase of a home.

Topics include the importance of good credit, how to shop for a loan, how to shop for a realtor, the closing process and the responsibilities of homeownership including home maintenance. DMNR counselors are nationally trained and certified, and we look forward to assisting you! Following is our class schedule.

Tuesday and Thursday classes will be held at the Cowden Center, 9202 N. Second St., Phoenix, AZ 85020.

Saturday classes will be held at the John C. Lincoln Adult Day Health Center, 303 E. Eva St., Phoenix, AZ 85020

To register, please call Jacquie Valenzuela at 602-331-5809 or Tracy Crouch at 602-331-5833.

- 3 - 7 p.m. each night
March 9 & 11
- 8 a.m. - 4 p.m.
March 20
- 3 - 7 p.m. each night
April 13 & 15
- 8 a.m. - 4 p.m.
April 17
- 3 - 7 p.m. each night
May 11 & 13
- 8 a.m. - 4 p.m.
May 15
- 3 - 7 p.m. each night
June 8 & 10
- 8 a.m. - 4 p.m.
June 19
- 3 - 7 p.m. each night
July 13 & 15
- 8 a.m. - 4 p.m.
July 24
- 8 a.m. - 4 p.m.
Aug. 14
- 3 - 7 p.m. each night
Aug. 17 & 19
- 8 a.m. - 4 p.m.
Sept. 11
- 3 - 7 p.m. each night
Sept. 14 & 16
- 8 a.m. - 4 p.m.
Oct. 9
- 3 - 7 p.m. each night
Oct. 12 & 14
- 3 - 7 p.m. each night
Nov. 9 & 11
- 8 a.m. - 4 p.m.
Nov. 20
- 3 - 7 p.m. each night
Dec. 7 & 9



Are you paying \$700 for rent? You could buy your own home!

Property Features:

- Energy-Efficient Windows.
- Ceiling Fans.
- Fully Landscaped.
- Wired for Cable.
- Play Area for Kids!
- Close to Free SMART Neighborhood Circulator Route.

All Appliances Included!

- Stove.
- Refrigerator.
- Dishwasher.
- Microwave.
- Disposal.
- Washer and Dryer.



Vogel Condominiums

9615 N. 13th Ave., Phoenix, AZ 85021

*Located at the northeast corner of
13th and Vogel avenues.*

Se Habla Español

Homeownership Program Offers \$15,000 Loans for Down Payment, Closing Costs

The city of Phoenix Neighborhood Stabilization Homeownership Assistance Program provides funds and support to help families become homeowners in the city of Phoenix. The assistance is provided through the Housing and Economic Recovery Act.

The program includes a \$15,000 loan for down-payment and closing-cost assistance to eligible buyers of foreclosed homes located in the city of Phoenix. The homeowner pays back the full amount of the loan (interest-free) only when the home is sold or refinanced. All homes come with a three-year home warranty, paid out of the \$15,000 down-payment and closing-cost assistance and must meet the U.S. Department of Housing and Urban Development Housing Quality Standards.

Eligible families can earn as much as 120 percent of area median income (AMI), which is based on family size (example: a family of four can earn \$79,100 or less and still qualify). Desert Mission Neighborhood Renewal is offering Home Buyer Education Classes to help prospective buyers fulfill the program requirements. For more information, please call 602-262-6602 or visit phoenix.gov/nsphome.





P.O. Box 9054
Phoenix, AZ 85068-9054

NON-PROFIT ORG US POSTAGE PAID PHOENIX AZ PERMIT NO 4524

Get Your Neighbor To Neighbor Newsletter on the Web

Would you like to save paper? If you'd like to switch from receiving a printed version of the Neighbor To Neighbor newsletter to viewing it on the Web, please e-mail Margaret Wagner-Smith at margaret.wagner-smith@JCL.com for more information.

We Want to Hear From You!

Do you have an upcoming event for your local organization or Block Watch that you would like the Sunnyslope community to know about? Did your neighbor do something great for your local neighborhood that you would like to share with the Sunnyslope community? Or maybe your child's school (or your neighborhood organization) is having an event and you'd love everyone to know about it? Neighbor To Neighbor is the perfect way to let the Sunnyslope community as a whole know what is going on in your area.

If you would like an event, item of interest, story or news item to be in the May 2010 issue, please e-mail or mail it to Margaret Wagner-Smith **no later** than 4 p.m. on Tuesday, March 30, 2010.



By e-mail: margaret.wagner-smith@JCL.com

By mail: 9201 N. Fifth St., Phoenix, AZ 85020

By fax: 602-331-7855, Attention: Margaret