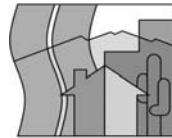


Neighbor to Neighbor

November/December 2005
A Publication Of John C. Lincoln Health
Network
www.jcl.com
Contact: Lynn McDonald
Community Development Department
602-870-6060 x1253 lmcdon@jcl.com


John C. Lincoln
Honored by Experts. Honored to Serve.



Sunnyslope W.I.N.S.

where impacting
neighborhoods succeeds

A Weed and Seed Site

Sunnyslope Block Watches Encourages Public Safety and Education

Name the only volunteer job where you can stay at home, drink coffee or whatever else, eat and protect your street all at the same time...a block watch volunteer! You are a professional resident of your street and know it better than anyone else. Put this incredible knowledge to work and participate in a block watch on your street.

Neighborhood block watches are effective crime-fighting tools, improving the public safety health of our communities. This program builds neighborhood camaraderie, promotes community awareness and instills neighborhood pride, while keeping crime off your block. Watching and paying attention to the happenings on your street make a big difference. Statistics show crime is reduced when neighbors are alert.

Sunnyslope currently has more than 80 Block Watches. Sunnyslope Village Alliance, a grassroots community-based organization, offers monthly meetings to enhance communication among block watches and encourage public safety and education. Past presentation topics include: fraud alerts from the Registrar of Contractors, affordable housing information, detecting and preventing elder abuse, and the City Prosecutor's office, and have provided residents and Block Watch members with tools to combat undesirable activity in their neighborhoods.

Meetings are open to the public and all are welcome:

Sunnyslope Block Watches Meetings
2nd Tuesday of each month
6:00 p.m. – 7:00 p.m.
Sunnyslope Village Alliance
755 E. Hatcher

To find out if your neighborhood already has a Block Watch, or to form your own, please contact Polly Martino, chair, at 602-943-9372.

What Is a Block Watch?

- It is becoming acquainted with your neighbors
- It is working together to identify and solve problems in our community
- It is helping the police by being aware of and reporting any unusual activities as they occur... you know best what is "normal" activity in your neighborhood
- It is the implementation of crime prevention techniques to enhance home security
- It is putting neighbors back into neighborhoods.

Block watches are organizations comprised of neighbors watching out for each other. They are designed to enlist the active participation of citizens in cooperation with the police to reduce crime and improve the quality of life in neighborhoods.

Start organizing your neighbors by scheduling a Block Watch presentation by a Desert Horizon Precinct Community Action Officer. These 1 ½ hour trainings will teach residents how to "target harden" their homes, making them less desirable to would-be burglars. To schedule a presentation in your neighborhood, call the Desert Horizon Precinct at 602-495-5006. **(Continued on page 2)**

Three Tips for Block Watches

1. **Build Awareness:** Canvas your neighborhood for interest. If you've already got a Block Watch, make sure new residents feel welcome to attend meetings. Concentrate on your street now, and include adjacent streets later.
2. **Make Your Meetings Accessible:** Get feedback from your neighbors to find convenient times to schedule Block Watch meetings... Schedule monthly meeting and quarterly outdoor neighborhood events to promote the relationships and information exchange among neighbors. Capitalize on the resources available through Sunnyslope Block Watches to address public safety education needs.
3. **REMEMBER:** It does **not** ask that anyone take personal risk to prevent crime. Block Watches leave the responsibility of apprehending criminals where it belongs, with the police department. Report criminal or suspicious activity to 9-1-1 or Crime Stop at 602-262-6151.

**Sunnyslope W.I.N.S. Neighborhood Restoration Series
Upcoming Topics**

November 2, 2005: What to Throw Away: When & Where

Mark Leonard, director of public works will share information on recycling, bulk trash, animal waste and hazardous materials

December 7, 2005: Protect Your Home: Burglary Prevention Tips

Meet your community action officer and find out how to protect your home from thieves.

Meetings are held at Cowden Center – 9202 N. 2nd Street (between Dunlap & Hatcher) and begin at 5:30 p.m.

NEW & IMPROVED: Sunnyslope Community Web Site Is Tool for Residents

The website, which originally launched in September 2004 to introduce Sunnyslope's Weed & Seed strategy, now offers community members convenient access to excellent neighborhood resources right on the homepage.

With a recent redesign to the website, community members will find the **most current listing of upcoming community meeting dates and times** on the left side of the homepage. By clicking on the committee name, interested residents will see a description of the committee's core purpose and any specific upcoming topics.

The right side of the homepage contains links to **phone numbers and email addresses for complaints from blight and graffiti to drug activity and liquor enforcement, and more!** Clicking on the link will provide a list of tips to make an effective complaint.

See for yourself! Visit www.sunnyslopecommunity.org today!



Sunnyslope Calendar of Events:



All meetings are held at the Cowden Center, 9202 North Second Street, except Sunnyslope Block Watch Meetings.

	Nov. 05	Dec. 05	Jan. 06
Sunnyslope Weed and Seed Law Enforcement Committee -6:00 p.m.	15	20	17
Sunnyslope Weed and Seed Neighborhood Restoration Committee -5:30 p.m.	2	7	4
Sunnyslope Weed and Seed Prevention Committee -6:00 p.m.	16	21	18
Sunnyslope Weed and Seed Steering Committee -5:30 p.m.	9	X	11
Sunnyslope Youth and Family Partnership Meeting -8:00 a.m.	3	1	5
Sunnyslope Block Watches -6:00 p.m.- SVA Office-755 E. Hatcher	8	13	10

The North Phoenix Singles Club

The *North Phoenix Singles Club* is a group of men and women over the age of 50 who are widowed, divorced, or never married. We are a social singles club whose purpose is to meet people, enjoy ourselves, and have fun!

Our club meets on Sundays, except the second Sunday of the month, 1:00 to 3:00 p.m., at: Sunnyslope Presbyterian Church, 9317 N. 2nd Street, South Room, Phoenix.

A few examples of the type of activities that we schedule are: Dinners (at moderately-priced restaurants), House Parties, Potlucks, Social Hours, Trips, Dances, Bowling, Game Nights, Movies and the Theatre, and so much more!

For more information, please call (602) 356-6195.

SUNNYSLOPE HISTORICAL SOCIETY

THE ANNUAL SPAGHETTI DINNER

SATURDAY, NOVEMBER 5, 2005

The annual spaghetti dinner will be held on Saturday, November 5, 2005 from 5:00 P.M. until 7:00 PM at the Arizona American Italian Club, 7509 N. 12th Street between Northern and Glendale. The menu will be Spaghetti with meat sauce or marinara sauce, salad, garlic bread and dessert. We will also have coffee and sugar free punch. Alcoholic beverages and soft drinks will be available at the club bar.


We will continue to have a silent auction, a raffle of donated items and a 50/50 raffle. Every year our community has enjoyed this event. Bring your friends, neighbors and the whole family. Tickets will be \$10 for adults and \$5 for children between 4 and 12. Children 3 and under will be free.

Just a few Words

*Commander Robert Demlong
Desert Horizon Precinct*

Thanks to the hard work of patrol officers, detectives, supervisors, radio/9-1-1 personnel and citizens the serial rapist has been arrested. A large task force has been working to locate a suspect for some time and had spent hundreds of hours following up tips, reviewing evidence and conducting surveillance. The suspect was seen acting suspiciously. As officers moved in to surround the apartment complex, the police helicopter and K-9's responded to help contain the suspect. A citizen provided valuable help after observing the suspect near her apartment. She alerted 9-1-1 and the officers quickly descended upon the suspect and arrested him. Thanks to the team approach and community involvement, a dangerous suspect was arrested.

<p>Sunnyslope Senior Center 802 E. Vogel (Inside the Community Center) 602-262-7572</p> <p>Craft and Boutique Sale November 30, 2005 9:00 a.m. to 11:30 a.m.</p> <p>Hedy and the Red Hot Peppers December 6, 2005 10:00 a.m.</p> <p>Holiday Revue December 13, 2005 9:30 a.m. – 11:30 a.m.</p>
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 <p><u>City of Phoenix's 17 Senior Centers Holiday Bazaar</u> November 16, 2005, 10:00 AM– 2:00 PM Heritage Square – 7th Street and Monroe Dozens of Craft Tables-Entertainment International Food Booths</p>
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What's a home buyer to do?

If you're in the market for a new homefollow these steps

Embrace a fixed-rate mortgage

At current interest rates, buyers should be flocking to fixed-rate loans. The 6 percent average rate on a 30-year fixed mortgage is still near historical lows, says Keith Gumbinger of financial data provider HSH Associates. His advice: "Go for as much fixed rate as you can afford." Of course, once you've got your heart set on a certain home at a certain price, it's hard to ignore a low-payment mortgage that lets you buy more house.

So **start talking to lenders before you look for a home**, not after you've fallen in love with one. If you've given yourself a loan limit, you'll have a better chance of resisting that unattainable love.

Construct the worst-case scenario

If you do decide to take an interest-only or option-payment ARM, consider what could go wrong. If interest rates increase by three percentage points, **what will your monthly payment look like?** If housing prices fall by 10 percent in your area, will you find yourself underwater if you need to sell?

Reset your expectations

Face it, nobody needs to buy a 4,000-square-foot house or live in a particular neighborhood. Don't change your mortgage to suit the home you want to buy; change the home to suit the type of mortgage you can afford.

Please call with any questions and to get pre-qualified...

Encore Mortgage, Janet LaPlante, Sr. Loan Officer, 602-505-5657, LoanLadyAZ@Yahoo.com

Literacy Volunteers of Maricopa County Looking for Tutors

Did you know that 1 out of every 5 adults in Maricopa County can't read this sentence? We have hundreds of adults on our waiting list that need your help! If you are at least 18 years of age, graduated from high school, read at a 12th grade level and can commit 3-4 hours a week to teach someone to read or speak and understand English, LVMC wants you as a volunteer!

Our volunteer tutors meet one-on-one with students all across the Valley of the Sun and are matched with consideration of geographical location and available hours. Tutors also can help in one of our Learn Centers, a family literacy class or an ESOL class. To become a tutor, you **must** meet these qualifications:

1. Be at least 18 years of age and have a high school diploma or GED.
2. Read at a 12th grade level.
3. Meet with your student at least 4 hours per week.
4. Make at least a nine month commitment.
5. Attend 18 hours of training in one of our workshops that will equip you to tutor in either Basic Reading or ESOL (English for speakers of other languages). All potential tutors are required to attend tutor training regardless of experience or expertise.

People are waiting for help. Be a part of this worthwhile literacy effort and help change someone's life! Please call the Literacy Volunteer office at 602-274-3430 or you can register online at www.literacyvolunteers-maricopa.org

Desert Mission Food Bank News

Shawn Pierce and Sally Moore

This year Desert Mission Food Bank is already busy with preparations for the holidays. For 2005, we are offering a number of ways to assist families and children in our community. We are matching families with donors through our Holiday Adopt A Family. This long running program matches families in need with individuals or groups that are willing to provide them with holiday gifts and a meal. DMFB helped over 360 families last year. The families appreciate the generosity of our donors, and the donors have fun shopping and giving to their family. But, the program cannot succeed without the generosity of others. Your help is needed again this year. If your family, social organization or department would like to participate this year, please call 602.331.5792.

Another way that you can become involved with the holiday programs is the Holiday Helpers workshop where donated items are distributed to individuals through our partnering agencies. These donations are used to help children provide gifts to their family members or for program incentives. Last year the Desert Mission Food Bank distributed more than 4,072 pounds of gifts items to 29 Agencies which served 2,309 individuals.

During 2004, the Desert Mission Food Bank received more than 1.7 million pounds of donated food. More than 20,888 emergency food boxes were distributed to individuals and families in need. Through our *Emergency Baby Box* program, we were able to better serve the needs of infants by providing developmentally-appropriate food to promote optimum nutrition for proper development. The daily distribution of fresh fruits and vegetables has been made possible through our Grab-n-Go program where more than 11,000 individuals have been able to receive nutritious items to supplement their dietary needs. The Desert Mission Food Bank would not be able to provide these services to our community without the help from donors like you who host food and turkey drives.

The items that you collect go directly to help those in need. We appreciate the continued support from those who have donated in the past and encourage those who have not become sponsors to do so this year.

John C. Lincoln Turkey Drive Dates:

Thursday, November 17
Friday, November 18
Monday, November 21
Tuesday, November 22

Drop-Off locations:

John C. Lincoln North Mountain Hospital front entrance
John C. Lincoln Deer Valley Hospital front entrance
Desert Mission Food Bank – 9229 N. 4th Street

If you are interested in hosting a food or turkey drive at your business, faith-based or civic organization, school/university or neighborhood, please call 602.331.5792 for information and assistance on planning one of these events. Thank you for helping the Desert Mission Food Bank provides food and turkeys for those experiencing difficult times.

The other way you can donate to the holiday programs through the Desert Mission Food Bank is to volunteer. Individuals and groups are needed throughout the year to help us meet the needs of our customers. Your donation of time is vital in helping us meet this need. Please consider donating two or more hours of your time during the holidays and even throughout the year.

We appreciate the generosity of the community throughout the year. Thank you for helping to make it possible for us to serve the most vulnerable in our community.

Information for becoming a student at Literacy Volunteers

If you, or someone you know, would like to learn to read, write, speak English, or work on obtaining your GED, you must first call us for an Intake appointment at (602) 274-3430. You will meet with a Literacy Volunteer for about 2-3 hours. We then place your name on a list for the first available tutor in your area or you can choose to come to one of our Learn Centers, a computer-assisted class. All of our programs are free to the public.

To be a student in a Literacy Volunteers' program:

1. You must be at least 16 years of age
2. Not enrolled in school or other educational institution
3. Have the desire and the time to increase skills in basic literacy and/or English as a second language. (6-8 hours per week)

Please call us at (602) 274-3430 between the hours of 8:00 a.m. to 5:00 p.m. Monday through Friday to schedule your appointment. There is a site located in Sunnyslope.

Olweus Bullying Prevention Program

By Ellen McCandless
Safe Schools/Healthy Students
Washington Elementary School District

Research shows that school based violence and drug prevention programs are most effective when implemented school wide. When students, teachers, administrators, cafeteria workers and playground monitors have a clear understanding of expected student behavior and consistent reactions to unacceptable student behavior, school climate and test scores improve.

The Olweus Bullying Prevention Program is an effective, school wide program that when implemented fully, can produce amazing results. The program, developed by Norwegian researcher Dr. Dan Olweus, focuses on four major components: school-level, classroom level, individual and community. Participating schools determine how the program works with their improvement plans and discipline policies.

The major components of the program focus on clear communication to students of their expected behavior, namely bullying will not be tolerated and consistent reactions to bullying behavior from adults on campus. Teachers in every classroom conduct classroom meetings on a regular basis to discuss bullying and other issues on campus. In these meetings, students can review the school rules against bullying; discuss mutual respect, what to do if you or someone you know is bullied, etc. Some classrooms have suggestion boxes or classroom logs to suggest topics for the next classroom meeting.

All school staff is trained on how to intervene when they see bullying occurring on campus. School staff also determines what consequences students will face when they bully others, and all staff is notified so that students are receiving a clear and consistent message from all adults on campus. How to conduct individual interventions with both the bully and the victim is also a focus of the school wide staff training.

Schools are encouraged to get parents involved in the program through a family night kick off activity, parent participation in the program at school and messages sent home to parents. The kick off is a great way to notify students, parents and the community about the program and the school's new focus on bullying prevention. Schools can also give parents information on what to do if their child is bullied or if their child is a bully. The anti-bullying message is much more effective when reinforced at home.

The Olweus Bullying Prevention Program is an intense, school-wide program that requires participation from all school staff. The results from proper program implementation can be a tremendous positive change for your school environment. Currently, ten schools in the Washington Elementary School District use the program. These schools are: Palo Verde Middle School, Royal Palm Junior High, Richard E Miller Elementary, Desert View Elementary, Maryland Elementary, Shaw Butte Elementary, Sunnyslope Elementary, Chaparral Elementary, Roadrunner Elementary and Orangewood Elementary.

Become a Bookwork Buddy

Bookworm Buddies, Make A Difference's innovative literacy-based tutoring and mentoring program, wants to thank you for all of your support for the Bookworm Buddies program! Our fall semester is off to a great start. We have matched up almost 45% of the first, second, and third grade students on our Bookworm Buddies waiting list!!

The goals of the Bookworm Buddies program are to improve the students' reading levels by supplementing the current reading program at the school, provide one on one mentor attention, and build the children's self esteem through regular contact with a committed, caring adult.

We ask that the volunteers commit to one hour each week for the semester. Make A Difference provides them with an in-depth training session, allowing both volunteers with years of experience and first timers to participate! Make A Difference also oversees the fingerprint and background check process.

We are located at: **Sunnyslope Elementary (801 W Peoria)**, Balsz Elementary (4309 E Belleview), Wilson Primary (415 N 30th St), and Palomino Elementary (15833 N 29th St).

Trainings will begin again in January 2006. If you or anyone you know might be interested in becoming a Bookworm Buddy this spring, please email Megan Lashmet at megan@makeadifference.org or call (602) 973-2212. **Becoming a Bookworm Buddy means one more child will have a better chance at succeeding.**

If you are looking for other rewarding volunteer opportunities with no long term commitment attached, Make A Difference has plenty to choose from. Please check www.makeadifference.org for a list of projects that may interest you.

News from New North Town

Betty Bellanger

I went to Polly's meeting On August 9th, I like that as she sometimes doesn't have a speaker and it gives us a chance to exchange neighborhood news and help for each other. The regular meetings, Neighborhood Restoration, Steering and Law Enforcement all teach us things we need to know. I am always so proud of how many of my people come to Law Enforcement. It only takes a few minutes to call them each month and it makes the police happy to have them attending. It seems to me when you consider all the police do for us; the little effort to get your people to come to the meeting is well worth it.

On August 11th my dear friend, Ray Acuna from the City of Phoenix Streets and Transportation along with the head of Flood Projects and a man from Environmental Services came to my house and Lisa, Michele and I learned a lot and really enjoyed hearing of the plans. It will be wonderful and it will take the rest of my NNT people out of the flood plain and they won't have to pay for flood insurance anymore. We went downtown to meet the people who were being considered for head of Planning Dept on August 16.

Polly and I went to the North Village Planning Meeting on the 17th of August and Joel McCabe was brilliant in explaining what the SVR was doing. I learned a lot about fences, houses, regulations, etc. On August 31st we went to the City Council to support some other neighborhoods in fighting three different liquor licenses. All three were denied by the City Council and now they will go to the Arizona State Liquor Board. It is much more difficult to win there. The Partnership meeting on Sept 1st was as usual, wonderful.

On Sept 6th, Councilwoman Peggy Bilsten's Evening Chat featured Paullina Moore head of the County Hospital. She is a wonderful speaker and I would like to get her to come to one of my NNT meetings and talk to my people. We had William Hogan speak at our September 15th meeting and he was tremendous. I am so happy he is my friend. September 7th our inspector, Diane Bauer came to Neighborhood Restoration Meeting. She is an excellent inspector and a very nice lady.

Polly and I were invited to the party at Sierra Bonita for the election to raise Mayor's and Council's salaries. I was on that commission and was glad it passed.

Do you remember my 1st little girl, Jennifer? Well she moved and changed schools and I lost her. Well I am overjoyed to tell you that I have found her and went to visit her and am going to go again,. She remembered Lynn McDonald and the book he made for her. She really liked him. She has good taste.

On September 21st a lady, Patricia Goubeaux came to my home and interviewed me as to my feelings about The Youth and Family Partnership. That was easy as I think it is the best meeting I go to all month.

My kids are wonderful. We filled up our quota for Afterschool in less than twenty minutes and have a long waiting list.

On September 27th, I was so complimented to be asked to go to City Hall and talk to the Mayor and Council people and Department heads about Graffiti Busters. I told the truth. I told them we need more trucks, more crews as they are absolutely overwhelmed. They said volunteers are way down. I can not understand that. Don't people have pride in their neighborhood? Don't they care? If someone my age with the health problems I have can get out there and cover it, where are the people half my age? I have Lisa Kelley and Michele Hawkins to help if I need it and they are both busy women with children and jobs.

Finally, Lisa and I attended a program on bullying at Desert View School and the third graders sang and danced. They were totally awesome. They sang one song in FOUR languages. I barely manage English. That is such a wonderful school with a fantastic principal, Paulette Zuroff and her staff is amazing. They are so good to us and give us room for the summer and Afterschool programs. We are so very, very lucky.

In Memory



Our dear friend Simon passed away on October 1, 2005. Those of you who knew Simon knew he was more than an ordinary dog. He was a special dog; Simon was a certified Therapy Dog, who devoted his life to working with kids of all ages. Simon worked with his Human Mom Debbie, a Social Worker at the Marley House. Simon worked in several schools through out the Sunnyslope Community. He was the listening tool to many children, he was a friend who never judged, and loved unconditionally. Simon began his career with his Mom at Desert View Elementary School and ended his career with his last visit being Desert View Elementary School. Simon not only worked with the kids, he kept check on the staff at the Marley House. Each morning before he started his day, Simon would stop by a few offices for his morning snack. Simon knew which offices to stop at and who had the best treats. He would do that each afternoon upon his return from visiting the schools. After he received his treats he would then check on the rest of the staff, poking his head in each office to make sure they were busy at work or had time to give him a couple of head scratches or belly rubs. Simon not only made kids smile, he also made many adults smile.

Simon was not the only name he had; most of the staff had their own nicknames for him, Bubba, Boo Boo and Mr. Man. He never minded the different names.

Simon never tired of his work and loved being around people, especially kids. Simon will be truly missed by everyone. As the saying goes.."All Good Dogs Go To Heaven" Simon has a very special place there.



We Will Miss You Mister Man!

Slavery in our Midst?

Submitted by Sharon Stolpen

City of Phoenix Prosecutor

Consider this story: Anna is a young Russian woman who has recently lost her husband and has two young children to care for with no means to support them. A man from her neighborhood recognizes her plight and tells her about some jobs he knows about in the United States where a woman can be a nanny for wealthy businessmen. The job pays very well, and she will have a place to stay with her children. Although she does not have the ability to legally enter the United States, she is desperate, and agrees to have the man smuggle her and her children into the U.S. for a fee of \$5,000 and pay him back from the wages of her new job. She and her children make it to the U.S., but that is the only part of her deal with the man which was honored. The house she is brought to is not that of a wealthy businessman, but a brothel; the work she is forced to do is not caring for children, but sexually satisfying dozens of strange men each day. Her children are not living with her, but were ripped from her arms after the man beat and raped her in front of them, and the man tells her they will not be harmed or killed so long as she continues to perform as she is told. In addition, the man tells her that, because she is in the United States illegally, she cannot seek help, and that if she did so, she would immediately be arrested and deported, with her children left in his possession. Anna does as she is told, day after day, living in fear, pain and humiliation wondering how this could have happened to her? How could this be America, the land of opportunity? How could this be Phoenix, Arizona, where the blue sky shines and everybody plays golf?

Is this story a real possibility? Unfortunately, this is a typical scenario of a victim of human trafficking, which is really nothing more than modern-day slavery. There are thousands of Annas and others in similar situations in the U.S. and the world today, including Arizona, and yes, right here in Phoenix.

Human trafficking should not be confused with smuggling. Smuggling is consensual movement across an international border, usually for a fee. It is a one-time transaction for a fee. Smuggling is a crime against the State.

Human trafficking always involves labor against a person's will, and that labor is for the benefit of someone else—the trafficker. Human trafficking does not necessarily involve movement across a border and it almost always involves force, fraud or coercion. Human trafficking is a crime against a person; the conditions under which they are denied their human rights define them as victims, not their immigration status.

Trafficking can take many forms. Some of the most common forms are types of commercial sexual exploitation (i.e., prostitution, nude dancing, or pornography). Many people are subject to forced manual labor, such as agricultural or construction work.

Only recently has this serious and horrible crime been receiving the attention it deserves. Because it affects marginalized people in our society—the young, the poor, people smuggled into the country or seduced into coming here by fraudulent promises of a better life, foreign language speakers—trafficking victims can be difficult to identify. Moreover, whether they have been trafficked for domestic servitude, sweatshop labor, or sexual exploitation, these victims are doubly hard to reach because of the isolation and intimidation they face.

Why do people peddle in human misery? Simple answer: money. Human trafficking is a 7-10 *billion* dollar industry annually worldwide. The amount of money made in human trafficking is second only to drug trafficking, and is tied only with arms trafficking.

Those who hold trafficked individuals in bondage generally have superior knowledge of American society and law enforcement and they use it to exploit their victims. They threaten their victims, keep them in physical or cultural isolation, beat or rape them to secure submission, confiscate passports and immigration papers, take advantage of the victims' own sense of responsibility by imposing debt burdens, or threaten retaliation against victims' families through their overseas syndicates. Again, the determining factors in trafficking are force, fraud or coercion.

What is being done to combat human trafficking? The Trafficking Victims Protection Act of 2000 is a federal statute which criminalizes human trafficking, both sex trafficking and labor trafficking. The TVPA also provides for services for victims of human trafficking, including obtaining visas, shelter, counseling, and restitution. The United States Attorney's Office prosecutes under the TVPA Arizona became the 5th state in the U.S. to pass anti-trafficking legislation, which became effective August 12, 2005 (A.R.S. § § 13-1306 through 1309, A.R.S. § 13-2319, A.R.S. § 13-604.01).

Continued on page 10

Similar to the federal legislation, the Arizona statutes criminalize forced labor, sex trafficking and labor trafficking, and makes sex trafficking of a child under the age of 15 a dangerous crime against children. While the state statute does not provide for the same victim assistance, since the state statute is narrower than the federal statute, advocates are hopeful that the state victims will be able to avail themselves of the assistance provided for in the federal statute.

In addition, many state, local and national efforts are being made to raise awareness and train individuals who may come in contact with trafficking victims or traffickers. President Bush and the Justice Department have made human trafficking a priority, which has led to greater attention and enforcement.

In 2004, the U.S. Department of Health & Human Services spearheaded the *Rescue & Restore* campaign, which is a national campaign for outreach and awareness (<http://www.acf.hhs.gov/trafficking/>, 1-888-373-7888). Phoenix was one of three pilot cities for that campaign and one has only to peruse the website to see that Phoenix and other groups in Arizona remain strong partners with *Rescue & Restore*.

In Phoenix, the U.S. Attorney's office heads up the Greater Phoenix Human Trafficking Taskforce, which features a multi-agency, victim centered approach to combating human trafficking. The Phoenix Police Department plays a pivotal role in the taskforce, including providing training for law enforcement and other agencies so that they know how to recognize and competently handle human trafficking situations.

ALERT (Arizona League to End Regional Trafficking) is a non-governmental agency which strives to end human trafficking through outreach and provision of services (www.traffickingaz.org).

APECA (Arizonans for the Protection of Exploited Children and Adults) is non-governmental agency working toward ending different types of exploitation, including child sex tourism and other forms of trafficking.

The Phoenix Prosecutor's office joins in the battle against human trafficking by assisting with outreach and education through attendance at community events and educational fairs, as well as making presentations to community and other interested groups. Community prosecutors partner with *Rescue & Restore*, ALERT, the Greater Phoenix Human Trafficking Taskforce, Phoenix Police Department, and other groups to educate and bring this critical issue to the attention of the public, as well as other agencies.

In addition, many other governmental and non-governmental agencies are committed to ending trafficking, throughout the valley, state, and nation. With their efforts to educate victims and the public, to rescue victims, and to prosecute the traffickers, these dedicated individuals and organizations work toward one goal: abolishing modern-day slavery.

Las Salas After School Program

The months of November and December will definitely be a busy time for the After School. It will be time to focus on our fall fundraising campaign and the Christmas Angel Tree program. Anyone willing to volunteer time for either event will be warmly welcomed

Present needs: On-site Program Director : 3-4 hrs/afternoon 5 days/week
Adult (21yrs+) volunteer: 3-4 hrs/afternoon 1-5 days/week
General activity: reading, crafting, games, secretarial, computer etc.
Phone: 623-204-3205 E-mail: jerriafterschool@aol.com

Our appreciation and thanks to: Make a Difference for their science fair and NPowerAZ or their antivirus programs on their Tech and Tool Day; and, First Christian Church for choosing Las Salas After School to refurbish the playground, organize an office and help with a neighborhood clothing sale. Your support and help were greatly appreciated.



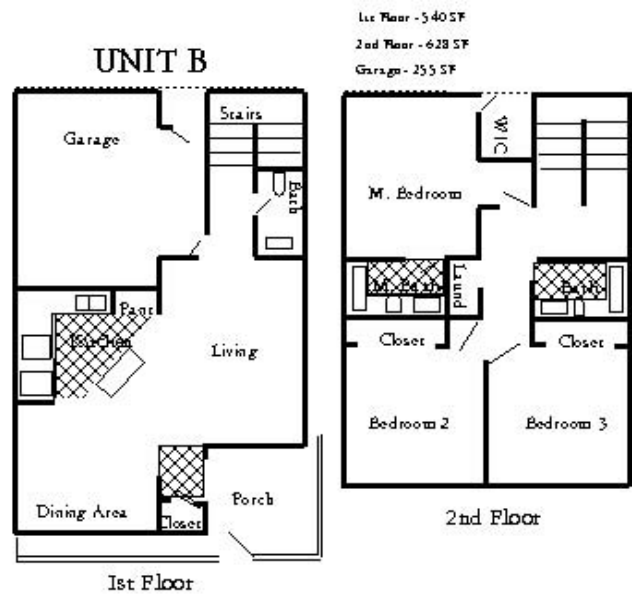
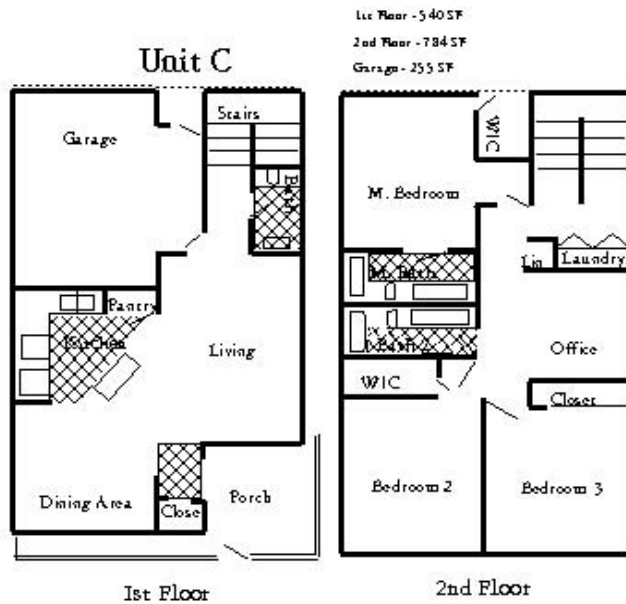
Vogel Park Coming Soon!... Town Homes

Fall '05

by Sunnyslope Village Revitalization, Inc.



An affordable housing community in the Sunnyslope area- Featuring 2 & 3 bedroom charming townhomes with numerous amenities...



Features

- ◆ Featured 2 of 3 floor plans - 2 & 3 bdrm homes
- ◆ Walk in closets
- ◆ Energy efficient dual-pane windows
- ◆ Vertical and mini-blinds
- ◆ Ceiling fans
- ◆ Upgraded lighting
- ◆ Tiled Entry, Kitchen and Bath
- ◆ Custom cabinets
- ◆ Private porch and patio areas
- ◆ Fully Landscaped
- ◆ Upgraded appliance package to include:
 - 18 c.f. refrigerator
 - Range & oven
 - Dishwasher
 - Full size washer and dryer
- ◆ Gated Entry and restricted access
- ◆ Covered Garage and Stall Parking
- ◆ Tot Lots
- ◆ Ramadas
- ◆ Central to most shopping areas
- ◆ Nearby Major hospital - John C. Lincoln

FOR INFORMATION CALL: 602-331-5833 or visit our office at, 9221 N. Central Ave., Phoenix, AZ 85020

ACACIA – NOVEMBER – DECEMBER 2005 EVENTS

Children:

- Tues., Nov. 1 7-7:30pm “Tuesday Tales” Family storytime with songs and puppet show.
- Thurs., Nov. 3 10:15-11:00am “Babytime” For parents with babies birth to 23 months. Your baby needs YOU to learn. Have fun sharing books, songs, fingerplays and more! Sponsored by Target.
- Tues., Nov. 8 7-7:30pm “Tuesday Tales” Family storytime with songs and puppet show.
- Thurs., Nov. 10 10:15-11:00am “Babytime” For parents with babies birth to 23 months. Your baby needs YOU to learn. Have fun sharing books, songs, fingerplays and more! Sponsored by Target.
- Tues., Nov. 15 7-7:30pm “Tuesday Tales” Family storytime with songs and puppet show.
- Thurs., Nov. 17 10:15-11:00am “Babytime” For parents with babies birth to 23 months. Your baby needs YOU to learn. Have fun sharing books, songs, fingerplays and more! Sponsored by Target.
- Tues., Nov. 22 7-7:30pm “Tuesday Tales” Family storytime with songs and puppet show.

Teen:

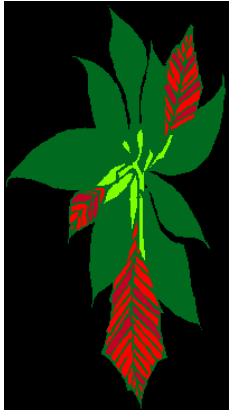
- Sat., Nov. 5 4-5pm Acacia Teen Library Council Meeting: Ages 12-18 welcome! Meet with a friendly group of teens who help make decisions on Teen events for the Library.
- Sat., Nov. 19 12-4pm Acacia Teen Library Council Fantastic Rummage Sale. Find terrific deals on clothes, housewares, toys and more, and support teen library projects, too!
- Sat., Dec. 3 4-5pm Acacia Teen Library Council Meeting: Ages 12-18 welcome! Meet with a friendly group of teens who help make decisions on Teen events for the Library.

Adult:

- Wed., Nov. 2 6:30-7:30pm Acacia Bookworms Book Discussion Group: Join us for our monthly meeting to discuss John Berendt’s *Midnight in the Garden of Good and Evil*
- Wed., Nov. 16 2:30-3pm Friends of the Library – Acacia Chapter monthly meeting (followed by book discussion at 3:00).
- Wed., Nov. 16 3-4pm Friends of the Library – Acacia Chapter. Join us at our monthly meeting to discuss Karen Joy Fowler’s *Jane Austin Book Club*.
- Wed., Dec. 7 6:30-7:30pm Acacia Bookworms Book Discussion Group: Join us for our monthly meeting to Discuss Sophie Kinsella’s *The Undomestic Goddess*

Financial Literacy class

Holiday spending has me stressed out!!! I would like to buy a house but don't know where to start??? Balance my checkbook, do I really have to? Have you asked yourself these questions then maybe you should join us for a Financial Literacy class. Please join the Housing Subcommittee of the Sunnyslope Youth and Family Partnership as we host a Financial Literacy class on Thursday, November 10, from 6:00-8:00 p.m. Financial literacy training provides families with the tools they need to strengthen their money management and financial planning skills. Topics include: goal setting, employment considerations, the importance of positive banking relationships, understanding credit, cash flow management, good tenant skills, insurance information, their role as a homeowner, taxes, investments, retirement, and estate planning. The meeting will be held at the Sunnyslope Community Center which is located at 802 E. Vogel Ave. Please contact Joel McCabe at 602.870.6060 x1257 with questions or to register. Refreshments will be served, childcare is not provided however the community center will be open and as long as youth are supervised you will have access to all of the amenities of the center including a gymnasium and game room!



*John C. Lincoln's
15th Annual
Holiday Tree Lighting*



*Monday December 5th
5:00pm- 8:00pm*

*Come share your
Holiday Spirit with the
Crystal Princess*



*Bring the family to enjoy hot
cocoa and cookies.*

*All the fun will be located at John
C. Lincoln North Mountain
Parking lot located on Second
Street and Dunlap.*

The History of Thanksgiving

In 1621 the Plymouth colonists and the Wampanoag Indians shared an autumn harvest feast which is now known as the first Thanksgiving. While cooking methods and table etiquette have changed as the holiday has evolved, the meal is still consumed today with the same spirit of celebration and overindulgence.

What foods topped the table at the first harvest feast? Historians aren't completely certain about the full bounty, but it's safe to say the pilgrims weren't gobbling up pumpkin pie or playing with their mashed potatoes. Following is a list of the foods that were available to the colonists at the time of the 1621 feast. However, the only two items that historians know for sure were on the menu are venison and wild fowl, which are mentioned in primary sources. The most detailed description of the "First Thanksgiving" comes from Edward Winslow.

- The pilgrims didn't use forks; they ate with spoons, knives, and their fingers. They wiped their hands on large cloth napkins which they also used to pick up hot morsels of food.
- Salt would have been on the table at the harvest feast, and people would have sprinkled it on their food. Pepper, however, was something that they used for cooking but wasn't available on the table.
- In the seventeenth century, a person's social standing determined what he or she ate. The best food was placed next to the most important people. People didn't tend to sample everything that was on the table (as we do today), they just ate what was closest to them.
- Serving in the seventeenth century was very different from serving today. People weren't served their meals individually. Foods were served onto the table and then people took the food from the table and ate it. All the servers had to do was move the food from the place where it was cooked onto the table.

Pilgrims didn't eat in courses as we do today. All of the different types of foods were placed on the table at the same time and people ate in any order they chose. Sometimes there were two courses, but each of them would contain meat dishes, puddings, and sweets

- Our modern Thanksgiving repast is centered around the turkey, but that certainly wasn't the case at the pilgrim's feasts. Their meals included many different meats. Vegetable dishes, one of the main components of our modern celebration, didn't really play a large part in the feast mentality of the seventeenth century. Depending on the time of year, many vegetables weren't available to the colonists.
- The pilgrims probably didn't have pies or anything sweet at the harvest feast. They had brought some sugar with them on the *Mayflower* but by the time of the feast, the supply had dwindled. Also, they didn't have an oven so pies and cakes and breads were not possible at all.
- The food that was eaten at the harvest feast would have seemed fatty by 1990's standards, but it was probably healthier for the pilgrims than it would be for people today. The colonists were more active and needed more protein. Heart attack was the least of their worries. They were more concerned about the plague and pox.
- People tend to think of English food as bland, but, in fact, the pilgrims used many spices, including cinnamon, ginger, nutmeg, pepper, and dried fruit, in sauces for meats.
- In the seventeenth century, cooks did not use proportions or talk about teaspoons and tablespoons. Instead, they just improvised.
- The best way to cook things in the seventeenth century was to roast them. Among the pilgrims, someone was assigned to sit for hours at a time and turn the spit to make sure the meat was evenly done.
- Since the pilgrims and Wampanoag Indians had no refrigeration in the seventeenth century, they tended to dry a lot of their foods to preserve them. They dried Indian corn, hams, fish, and herbs.
- The biggest meal of the day for the colonists was eaten at noon and it was called noon meat or dinner. The housewives would spend part of their morning cooking that meal. Supper was a smaller meal that they had at the end of the day. Breakfast tended to be leftovers from the previous day's noon meat.
- In a pilgrim household, the adults sat down to eat and the children and servants waited on them.
- The foods that the colonists and Wampanoag Indians ate were very similar, but their eating patterns were different. While the colonists had set eating patterns - breakfast, dinner, and supper - the Wampanoag's tended to eat when they were hungry and to have pots cooking throughout the day.

Governor Janet Napolitano declares September 14 as “operation school bell” day

Assistance League of Phoenix completely outfits over 3,000 children a year from 5 of the Valley's school districts. On “Operation School Bell” day dignitaries and the press were invited to see this operation in motion while participating in “shopping experiences” or supervising the children in the wonderful Phoenix Suns' Reading & Learning Center

Among the guests were Sen. Linda Gray, Sen. Barbara Leff, Karyn Morse, Public Relations Director for Washington School District, Kelly Whallon – Vice President/Operations Manager, Camelback Community Bank. Barbara Calengelo and Laurel D'Antoni represented the Suns. Forty-three children enjoyed sharing reading and shopping with these distinguished guests. The smiles on the faces of the children made it a memorable occasion for everyone.

Note: The Phoenix Suns awarded Assistance League of Phoenix their prestigious PLAYERMAKERS Award for \$100,000 in 2003 which enabled a room in the Philanthropic Center to be designed, built and equipped especially for children in need.

If you would like to find out how to become a member of this non-profit, all volunteer organization, contact: 9224 N. 5th Street, Phoenix, AZ 85020 Phone: (602) 944-7636: Fax: (602) 944-7971 :E-mail:alpvolunteer@aol.com

The History of the Christmas Tree

The tradition of having an evergreen tree become a symbol of Christmas goes back past recorded written history.

The Druids in ancient England & Gaul and the Romans in Europe both used evergreen branches to decorate their homes and public buildings to celebrate the Winter Solstice. Over the years, these traditions were adopted by Christians, who incorporated them as part of their Christmas holiday celebration.

Trees used specifically to celebrate Christmas are mentioned in the early 1600's in Germany and surrounding countries. The families would set up these trees in a prominent location of their home and decorate them with colored paper, small toys, food, and sometimes candles. As these people moved or immigrated to other countries, they brought this tradition with them.

Through the years many different things were used to decorate Christmas trees. As the world moved into the 1900's, many trees were decorated with strings of popcorn, homemade cards and pictures, cotton to look like snow, candy in all shapes and sizes, and occasionally, fancy store made glass balls and hand blown glass figurines. Candles were sometimes used, but often caused devastating fires, and many different types of candle holders were devised to try to prevent tree fires. Electric tree lights were first used just 3 years after Thomas Edison has his first mass public demonstration of electric lights back in 1879. The early Christmas tree lights were handmade and quite expensive.

Today, Christmas tree ornaments can be found in nearly every size, color, and shape imaginable, and they are used to decorate the millions of Christmas trees used throughout the world.

Deadline for the Next Issue of Neighbor to Neighbor

Do you have an event coming up? Did your neighbor do something great you want to share with the community? Is your child involved in an activity you have to tell everyone about? Neighbor-to-Neighbor is the perfect way to let the Sunnyslope community know what is going on!

If you would like your event, item of interest, story or news item to be in the **January/February 2006** issue of Neighbor to Neighbor, please have it to Lynn McDonald by **Monday, December 7, 2005**. You can fax it to 602-331-5819, or e-mail it to lmcdon@jcl.com. Don't miss out on letting everyone know what is happening – be sure to get your items in by the deadline!



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