

# Neighbor to Neighbor



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A Publication Of John C. Lincoln Health  
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**John C. Lincoln**

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neighborhoods succeeds

## Meth Madness: How Much Do You Know?

The 2005 Partnership for a Drug Free America Attitude Tracking Study has revealed teen perception of the risks associated with both trying or using Methamphetamine or meth regularly have steadily increased over the last three years and this year's data show usage stabilized at 8 percent at the national level. While teen use of meth is relatively low, only 54 percent of teens see great risk in trying meth once or twice.

The following is excerpted from The Partnership for a Drug Free America's Meth Health Education Feature and offers a comprehensive explanation of this powerfully addictive synthetic stimulant.

**What is it?** Methamphetamine is a powerfully addictive stimulant that has a high potential for abuse and dramatically affects the central nervous system. It is a unique drug because it is easy to obtain and relatively cheap to buy. This is all made possible by the fact that meth can be manufactured literally in a person's backyard from relatively inexpensive, over-the-counter ingredients such as Pseudoephedrine — a common cold medicine, as well as paint thinner, cat litter and lighter fuel.

**What does it look like?** Meth is a white, odorless, bitter-tasting powder that easily dissolves in alcohol or water and can be smoked, injected or snorted.

**Where is it made?** Two-thirds of our country's meth supply is produced in super labs in Mexico and Southern California run by organized crime and street gangs. The remaining third is made in the U.S. in makeshift meth labs found in basements, bedrooms, kitchens garages, bedrooms and trunks of cars.

**How is it made?** Meth is made from a fairly simple recipe found on the internet and can be produced in as few as 6 to 8 hours using apparatus and cookware that can be quickly dismantled and stored or relocated to avoid detection. A mere \$200 can buy the ingredients to

produce an ounce of meth (enough to get 100 people high). Since cooking meth produces such large amounts of highly toxic waste, there is always a pending danger of explosion or fire which could endanger the lives of children and adults, as well as harm the surrounding environment.

**What are its effects on the user?** Meth can make a user awake and alert, and can keep him or her up for hours and even days. At first it can give him or her a rush and a sense of euphoria, decrease their appetite and provide feelings of confidence. After a "binge," a user will inevitably crash, and can become severely depressed and even suicidal. Find out warning signs to look at by visiting:

[www.drugfree.org/Portal/DrugIssue/MethResources/is\\_my\\_child.html](http://www.drugfree.org/Portal/DrugIssue/MethResources/is_my_child.html)

## How can meth affect me and my community?

Unfortunately, meth can harm not only those who are addicted to the drug, but their family, friends and neighbors. Issues regarding, safety, law enforcement, health care and social workers can all arise when meth takes over a community.

## Be Alert & Spread the Word:

- Once you've learned the facts about the dangers of meth, talk about it with your friends, neighbors, coworkers and most importantly your children.
- Send emails with anti-meth links or articles to your friends to make them more aware of the dangers of the drug.
- Take advantage of when you encounter neighbors at the supermarket, a school play, the movies or even while filling up your gas tank and talk about the meth problem.
- Find out how to spot and report suspicious activity to the police. Come to our Community Policing Committee meetings the third Tuesday of each month at 6 p.m. at Cowden Center (9202 N 2<sup>nd</sup> St.)
- Report meth labs in your community to local law enforcement. Sunnyslope has its own hotline for reporting drug crime: 602-534-7119.

For more information, visit the meth information and resource center online at: [www.drugfree.org](http://www.drugfree.org).



Goodwill

# Commercial Services

Division

*Do you...*

- have work that you need to outsource?
- have jobs that require the service of expensive temporary agencies?
- need help for only a few hours on certain days of the week or certain times of the year?

If you answered "yes" to any of these questions, then *Goodwill's Commercial Services Division* can help.

*We offer the following services to meet your needs:*

- ✓ Light Assembly Packaging and Shrink Wrapping
- ✓ Product Sequencing, Kitting and Collating
- ✓ Janitorial and Housekeeping Services
- ✓ Floor Care and Carpet Cleaning
- ✓ Food Service / Catering
- ✓ Commercial and Residential Landscaping
- ✓ Mailing Services
- ✓ Document Destruction
- ✓ Parking lot Sweeping

- \* Goodwill was presented with BOMA's nationally recognized "Building of the Year" award for services provided at the Sandra Day O'Connor Building and the U.S. Post Office

The Goodwill Industries International network comprises more than 200 Goodwill agencies around the world. We have developed a superior reputation over our century of service. Our combined experience and expertise make us a qualified partner for your contract needs.

## Goodwill of Central Arizona, Inc.

417 N. 16<sup>th</sup> Street  
Phoenix, Arizona 85006  
Phone: 602-416-6205  
Fax: 602-416-6387  
Contact: Paul Brown  
[www.goodwillaz.org](http://www.goodwillaz.org)  
BOMA Member



# 9th Annual Sunnyslope Fall Festival



October 21, 2006  
12:00 p.m. to 4:00 p.m.  
Sunnyslope High School  
35 W. Dunlap Avenue



Come and Meet  
Miss Arizona 2006  
Hilary Griffith



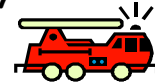
Business and Health Exhibits



Entertainment Throughout the Day



Police and Fire Department Displays



Crafts, Jewelry and other Items for Sale



**Trick or Treating**

**1:00 p.m.-2:00 p.m.**

Safe Trick or Treating for the Kids



**Costume Contest**

**2:00 p.m.**

Come Dressed in your favorite costume  
and have a chance to win a prize

Sunnyslope Kiwanis Will Be Selling Pizza served  
with chips and a drink  
All proceeds benefit Sunnyslope Youth Programs



## Get up to \$5,000 for Homeowner Rehab Assistance

Do you need a new roof or air conditioner? Does your home need painting? Do you need new doors or windows? Desert Mission Neighborhood Renewal (DMNR) can help!

DMNR is accepting applications from home owners for Minor Rehab assistance in Target Area F (From Dunlap Avenue to Peoria Avenue, 7<sup>th</sup> Street to 16<sup>th</sup> Street or From Central Avenue to 12<sup>th</sup> Street, Dunlap to Alice Avenue).

Applicants should:

- Reside in the designated area; and
- Own and occupy the home as their principal residence; and
- Meet income guidelines:

Family Size	1	2	3	4	5
Maximum Income	\$33,650	\$38,500	\$43,300	\$48,100	\$51,950

Assistance is based on availability of funding and provided on a first-come first-serve basis.

**For more information, please call us at: 602-331-5833.**

This program is made possible through collaboration with the City of Phoenix and Labor's Community Service Agency.

## Literacy Volunteers of Maricopa County Looking for Tutors

Did you know that 1 out of every 5 adults in Maricopa County can't read this sentence? We have hundreds of adults on our waiting list that need your help! If you are at least 18 years of age, graduated from high school, read at a 12th grade level and can commit 3-4 hours a week to teach someone to read or speak and understand English, LVMC wants you as a volunteer!

Our volunteer tutors meet one-on-one with students all across the Valley of the Sun and are matched with consideration of geographical location and available hours. Tutors also can help in one of our Learn Centers, a family literacy class or an ESOL class. To become a tutor, you **must** meet these qualifications:

1. Be at least 18 years of age and have a high school diploma or GED.
2. Read at a 12th grade level.
3. Meet with your student at least 4 hours per week.
4. Make at least a nine month commitment.
5. Attend 18 hours of training in one of our workshops that will equip you to tutor in either Basic Reading or ESOL (English for speakers of other languages). All potential tutors are required to attend tutor training regardless of experience or expertise.

People are waiting for help. Be a part of this worthwhile literacy effort and help change someone's life! Please call the Literacy Volunteer office at 602-274-3430 or you can register online at [www.literacyvolunteers-maricopa.org](http://www.literacyvolunteers-maricopa.org)

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## Information for Becoming a Student at Literacy Volunteers

If you, or someone you know, would like to learn to read, write, speak English, or work on obtaining your GED, you must first call us for an Intake appointment at (602) 274-3430. You will meet with a Literacy Volunteer for about 2-3 hours. We then place your name on a list for the first available tutor in your area or you can choose to come to one of our Learn Centers, a computer-assisted class. All of our programs are free to the public.

To be a student in a Literacy Volunteers' program:

1. You must be at least 16 years of age
2. Not enrolled in school or other educational institution
3. Have the desire and the time to increase skills in basic literacy and/or English as a second language. (6-8 hours per week)

Please call us at (602) 274-3430 between the hours of 8:00 a.m. to 5:00 p.m. Monday through Friday to schedule your appointment. There is a site located in Sunnyslope.

## The North Phoenix Singles Club

The North Phoenix Singles Club is a group of men and women over the age of 50 who are widowed, divorced, or never married. We are a social singles club, whose purpose is to meet people, enjoy ourselves, and have fun!

We meet on Sundays (except for the second Sunday of the month), from 1:00 p.m. to 3:00 p.m., at the Sunnyslope Presbyterian Church, South Room, 9317 N. 2<sup>nd</sup> Street, Phoenix  
(We are non-church affiliated)

A few examples of the types of activities that we schedule are:

House Parties, Potlucks, Social Hours, Trips, Dances, Bowling, Game Nights, Movies and the Theater . . . and so much more!

For more information, please call (602) 601-0303

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## In Case of Emergency (ICE) Campaign

In view of recent terrorist events, including the recent attacks in London, an **"In Case of Emergency (ICE)"** campaign has been launched worldwide.

The idea is to store the word **"ICE"** in the address book of mobile phones with the name and phone number of the person that should be contacted in the event that the cell phone owner is injured and unable to communicate this information. For more than one contact name and priority, use ICE1, ICE2, ICE3, etc. It's that simple.

Most people carry mobile phones, but research shows that more than 75% of people carry no details of who they would like contacted following a serious accident. With **"ICE"** first responders and hospital staff will turn to a victim's mobile phone address book and know immediately who to contact. When seconds matter, this information may be vital. For example, the emergency contact may be able to provide critical information about the victim's medical history. Research also suggests people may recover more quickly from the psychological effects of their loved one's injury if they are involved at an earlier stage in the emergency.

Please think carefully about the **"ICE"** contact, especially when minors may be involved and this person has to give consent for emergency medical treatment.



## Meet Jake.....

Jake is the newest edition to the Marley House. Jake and his co-worker Debbie, Clinical Supervisor at the Marley House are an awesome team. Jake escorts Debbie to the area schools in Sunnyslope. Jake is an important part of the programs and the kids' just love him. When Jake is not working, you can find him relaxing on his pillow in his office he shares with Debbie, or you may find him wandering the halls at the Marley House looking for a treat or a scratch. Jake was found in the desert and then adopted by Debbie. Jake is a certified therapy dog through the Delta Society.



## Community Resources @ Your Fingertips

The website: [www.sunnyslopecommunity.org](http://www.sunnyslopecommunity.org) allows users to find details about upcoming community meetings and lodge complaints directly from the home page!

The left side of the page features a list of meeting dates with live links that direct the user to a description of meetings, format and current committee objectives. The intention is to help busy community members maximize their time by making informed decisions to attend the meetings that best meet personal goals and objectives for community involvement.

The right side of the page has live links to lodge complaints citing blight issues, suspicious drug activity, graffiti, liquor license violations, prostitution and resources to fight trespassing. Clicking the appropriate link will take the user to a list of tips – information to have on hand – for making the most effective complaint and provides phone numbers and/or email links to complete to process.

The middle section features community news and alerts.

See for yourself by logging on to: [www.sunnyslopecommunity.org](http://www.sunnyslopecommunity.org)



## Serving Sunnyslope



First Christian Church is gearing up for "Serving Sunnyslope #4", Saturday, Oct. 28, 7 a.m.-12 noon. If you know someone who may need help with some minor home repairs, yard work needs to be done, an organization that is looking for some volunteers for the day please contact Jon Taylor, First Christian Church, for more info: 602-246-9206.



## Be a Bookworm Buddy!

Help a child in need start their school year off right by becoming a Bookworm Buddy at Sunnyslope Elementary School. Bookworm Buddies is a literacy-based mentoring program for first through third grade students who are reading below their grade level. Volunteers meet with their student one hour each week during lunchtime to give them the one-on-one attention they need.

Volunteers are required to pass a fingerprint/background check and attend a two-hour training in order to better understand the program and the students served. Help us "Make A Difference" by becoming a Buddy this fall!

For more information contact Kaitlin Luna at [Kaitlin@makeadifference.org](mailto:Kaitlin@makeadifference.org) or 602-973-2212.

*Make A Difference serves as a powerful catalyst for social change by utilizing volunteers, promoting community leadership, and forging partnerships to help address local issues through a combination of hands-on service and civic education.*

## Is there an abandoned or suspicious car in your neighborhood? Thinking of buying a used car and want to make sure it isn't stolen?

Attorney General Terry Goddard announced a new Internet service that enables citizens to type into their computers a license plate number or Vehicle Identification Number (VIN) to find out immediately if a car has been stolen.

Citizens can access the service at [www.theftaz.azag.gov](http://www.theftaz.azag.gov).

The auto theft Web site works like this: Once citizens access the page, they are asked to enter either a vehicle's license plate number or VIN. When they click on "Submit Search," a report will come back within seconds stating whether the car has been reported stolen. No other information about the vehicle, such as the owner's name, is provided.

If the car has been reported stolen, the consumer is directed to the right police agency. Citizens are asked to call the responsible police department and notify them when a stolen vehicle is located. Stolen vehicle data will be updated twice daily in the system.

Arizona is the second state in the country with an Internet service that can be used by citizens to determine if a vehicle has been stolen. Florida has a similar system in operation.

The auto theft page can also be accessed through links on the Web sites of the Attorney General's Office ([www.azag.gov](http://www.azag.gov)), the Department of Public Safety ([www.azdps.gov](http://www.azdps.gov)) and the Arizona Auto Theft Authority ([wwwaata.state.az.us](http://wwwaata.state.az.us))

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## Technology Legislation Passed

The State of Arizona now has the first legislation providing for technology in education. Senate Bill 1512 provides for a pilot program in middle school math in 10 different schools around the State. Ted Kraver, who is a member of the Sunnyslope Historical and the Sunnyslope Village Alliance, and the members of the eLearning organization eSATS (eLearning System for Teachers and Students), worked all year with State Senators and Representatives to pass this bill. In the next years the group will continue to work toward providing eLearning for every student in public and private schools in Arizona.

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## Desert Mission Food Bank in need of Volunteers

The Desert Mission Food Bank is in need of volunteers to help with our Holiday Adopt a Family program. While all kinds of **volunteers** are needed, the food bank is in particular need of Spanish speakers **who** can help interview potential adoptees for the Holiday Adopt A Family program. If you have some time you can donate, please contact **Sally Moore at 602.331.5792**.

We will need volunteers for the following sessions:

**Dates:** 9/25, 9/28, 10/2, 10/5, 10/9, 10/12, 10/16, 10/23, 10/30

**Time:** 4:00pm – 8:00 p.m.

**Location:** Desert Mission Food Bank  
9229 N. 4<sup>th</sup> Street

## It's your world!

AmeriCorps is your chance to make it better! As a Make A Difference AmeriCorps member, you will have the chance to change your life and the lives of others in the Valley. Make A Difference AmeriCorps members serve for one year in one of several nonprofit sites as volunteer coordinators and program managers engaging others in volunteer service to meet needs within the community. As a Make Difference member, you will serve on a team of 20 and gain valuable nonprofit and career experience. Desert Mission Programs at John C. Lincoln Health Network serve as a host site for 2 AmeriCorps members.

Members serve 35-45 hours per week over a 12 month period. A minimum of 1700 hours must be served within the term. Traditionally members are asked to serve Monday–Friday during business hours, plus evening & weekends as needed. Schedules may vary by host site.

Benefits include a living allowance of \$12,000, distributed in equal installments every two weeks during the term, health insurance, loan forbearance for federal student loans, childcare assistance (available for those who qualify), two weeks time off plus holidays, training opportunities, mileage reimbursement, a \$4,725 educational award upon completion of your service term (a minimum of 1700 hours is required).

Make A Difference and the Desert Mission Programs are seeking candidates to join their AmeriCorps program to begin in September 2006.

For more information or to apply please contact Jennifer Shaw at 602-331-5792 or e-mail at [jshaw@jcl.com](mailto:jshaw@jcl.com).

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## History In Review

When Frank Melluzzo spoke at the summer meeting of the Sunnyslope Historical Society it was a real history in review. This summary cannot begin to cover his entire talk, but we will give the highlights.

Frank came to Phoenix in May of 1938. His father had been in the United States but went back to Italy to fulfill a 2 year army commitment which was extended for many more years. He developed asthma... On the advice of his doctor he came to Arizona and the family moved into the Sunnyslope area. Frank attended Phoenix Union High School but dropped out 6 weeks before graduation to join the army during the Second World War. In October of 1945 he married and his marriage has lasted all these years.

Frank started mining building rock after learning mining from Angel Reveles who was mining gold. The property he mined extended from Cactus and Cave Creek Road to Tatum with Squaw Peak on the South. His company provided rock for the homes of Barry Goldwater, Frank Lloyd Wright and Este Lauder among the many. As the laws changed the government tried to take much of his land for reasons such as saying he was on Indian Reservation. His friends ranged from still current members of the Sunnyslope Historical Society to John C Lincoln Baron Goldwater, Waddups from Waddups Chevrolet (now known as Rudolph Chevrolet) and many others. In fact his high school friends formed a group called the Loyal Order of Desert Rats, or LDR. They still meet at Frank's home in Cherry, Arizona each August. Several of these members such as Bob Lundeen were in the audience the day of the meeting and helped Frank remember some of the events, places and stories that we all loved hearing.

The tape will be available for viewing at the museum when we reopen on September 10, 2006. The entire tape is over an hour so be prepared for a great deal of history, humor and wonderful stories.



## SUNNYSLOPE HISTORICAL SOCIETY Fall General Meeting

**WHEN:** Saturday, September 30, 2006

**TIME:** 10:00-12:00 Noon

**WHERE:** Sunnyslope History Museum and Cultural Center -- 737 E. Hatcher Road

**TOPIC:** Architecture – William Norton's Other Love

**WHO:** **John Jacquemart** is our speaker and a member of the Sunnyslope Historical Society Board of Directors. He worked at the Arizona Historical Society Library and has been on the State Historic Sites Review Committee for 8 years. He is retired but is a history "Snoop".

Learn about the early settlers of Sunnyslope. See your friends and make new friends. Our general meetings are always fun. Share in refreshments, good talk and interesting information

If you have questions call Connie at 602- 943-3236 or Bobbie at 602-944-2324. The museum reopens on Sunday, September 10, 2006. There is no charge for the general meeting. For more information go to <http://sunnyslopehistoricalsociety.org/>



## Sunnyslope Kiwanis Annual Steak Fry October 6, 2006

Come out to enjoy a fun filled night with the Sunnyslope Kiwanis. Tickets for the steak fry event are on sale. The Sunnyslope Kiwanis is pleased to say that **Outback Steakhouse** is preparing the food. Great silent auction and door prizes too!

All funds raised at the steak fry will benefit the children of Sunnyslope. Kiwanis donates funds to our local elementary and high school programs. In addition, when possible, Kiwanis supports Sunnyslope children with after school programs and camp activities.

The steak fry will begin at 6 PM at the North Mountain Park (7<sup>th</sup> Street & Peoria). You can purchase tickets by calling Cindy Hallman at (602) 870-6060 ext. 1722. Ticket price - \$20.00 for adults, \$6.00 for children under 12.

The Kiwanis is also in need of silent auction items and door prizes. Please contact Cindy if you are able to donate. All proceeds from the event benefit youth and other non-profit programs in the Sunnyslope Community.

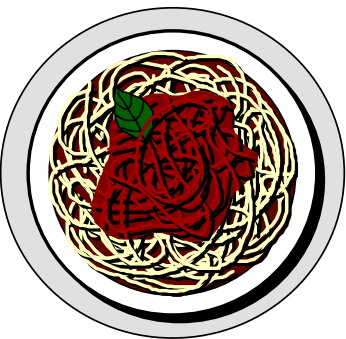


## SUNNYSLOPE HISTORICAL SOCIETY PRESENTS EIGHTH ANNUAL SPAGHETTI DINNER

**WHEN:** SUNDAY, NOVEMBER 5, 2006  
5:00 PM-7:00 PM

**WHERE:** ARIZONA AMERICAN ITALIAN CLUB  
7509 North 12<sup>th</sup> Street  
Phoenix, Arizona

**WHAT:** SPAGHETTI WITH MEAT SAUCE OR MARINARA SAUCE  
GARLIC BREAD, SALAD, CAKE FOR DESSERT COFFEE OR ICED TEA.



SODA AND ALCOHOLIC BEVERAGES WILL BE AVAILABLE AT THE CLUB'S BAR

**HOW:** TICKETS ARE AVAILABLE FROM SUNNYSLOPE HISTORICAL SOCIETY MEMBERS  
AND AT THE MUSEUM AT 737 E. HATCHER ROAD.

YOU CAN CALL AND MAKE RESERVATIONS AND THEN PAY AT THE DOOR.

ADULTS \$10 CHILDREN 4-10 YEARS \$5 3 OR UNDER ARE FREE

THERE WILL BE A 50/50 RAFFLE AND OTHER RAFFLE PRIZES  
THERE WILL BE A SILENT AUCTION OF SOME VERY SPECIAL ITEMS

This is one event that we all enjoy. Bring your family, your neighbors and friends. For more information call the museum at 602-331-3150 or Bobbie at 602-944-2324.

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## Life of A Dog

Unknown Author

If you can start the day without caffeine,  
If you can get going without pep pills,  
If you can resist complaining and boring people with your troubles,  
If you can eat the same food every day and be grateful for it,  
If you can understand when your loved ones are too busy to give you any time,  
If you can overlook it when something goes wrong through no fault of yours and those you love take it out on you,  
If you can take criticism and blame without resentment,  
If you can ignore a friend's limited education and never correct him,  
If you can resist treating a rich friend better than a poor friend,  
If you can face the world without lies and deceit,  
If you can conquer tension without medical help,  
If you can relax without liquor,  
If you can sleep without the aid of drugs,  
If you can say honestly that deep in your heart you have no prejudice against creed, color, religion, or politics,  
Then you are almost as good as your dog.



**The Washington Elementary School District’s Safe Schools/Healthy Students Project expands to serve more families this year with reduced funds**

The Safe Schools/Healthy Students (SS/HS) Project is very proud to announce the expansion of social services to all thirty-two schools in the Washington Elementary School District this year. We will, of course, continue providing more intensive grant services to our original eleven grant schools; including Cortez High School. Referral processes will remain the same, so referrals can come to the school Social Workers, Counselors or SS/HS Resource Center Directors from any concerned person (teacher, parent, principal, etc.) and we will offer assistance to any student or family in any of our schools. Project services include information and referral, case management, parenting skills training, English Language Learning (ELL), drug/alcohol and violence prevention education (including bullying prevention) and mental health counseling.

As many of you know, we are running programs this year with reduced funding, as this is our fourth year no-cost extension portion of our three-year federal grant. We need alternative funds to continue our programs on a long-term basis and hope that our communities, school district or other funders will help to ensure the successes of all of our valuable programs through funding, partnerships or other support. While we are thrilled to have obtained 21<sup>st</sup> Century grants to continue after-school programs at R.E. Miller and Desert View Elementary Schools for five years and to have secured funding to continue our two School Resource Officer (SRO) positions for the 2006-07 academic year, we are saddened to report that our Mentoring Programs at Royal Palm and Palo Verde Middle Schools, and their staff, and the continuation of our community facility (Dunlap Community Enrichment Center) have not yet been funded for this school year. Expanding services with decreased funds is an exciting and challenging prospect for the current staff members since it will mean providing services to an additional twenty-two schools, utilizing four Community Enrichment Centers with the same nine full-time WESD staff and WESD Interns, and a reduction in partner agency contracts with John C. Lincoln’s Marley House, Southwest Behavioral Health Services, the City of Phoenix Police Department, Glendale Union High School District and the Arizona Prevention Resource Center. Safe Schools/Healthy Students Project staff assignments will change, in order to accommodate our additional schools. We will provide services to groupings of schools based on regions, as outlined below:

<b>Schools Served in the 2006-2007 school year</b>	<b>Resource Center Director</b>	<b>Family Resource Specialist</b>
Royal Palm, Desert View, Mountain View, Maryland, Sunnyslope, R.E. Miller	Salvador Pastrana, MEd 602-757-7873	Ada Cabral
Palo Verde, Ocotillo, Washington, Roadrunner, Manzanita, Alta Vista, Sunset	Erin Trujillo, MC 602-388-3291	TBD
Cholla, Lakeview, Sahuaro, Tumbleweed, Abraham Lincoln Traditional, Arroyo, Sunburst, Sweetwater, Chaparral, Cortez H.S.	Brenda Unsworth, LCSW 602-757-7405	Noah Taylor
Mountain Sky, Lookout Mountain, Moon Mountain, John Jacobs, Shaw Butte, Desert Foothills, Acacia, Ironwood	Robin Lewis, LPC 602-757-7406	Laura Lopez

The Safe Schools/Healthy Students Project team includes certified facilitators and/or trainers for evidence-based prevention programs including *Second Step: A Violence Prevention Curriculum*, *Active Parenting Now* curriculum, *Olweus Bullying Prevention Program* and *Families and Schools Together (FAST)* and *Kids at Hope*. Many of these proven programs will begin or expand throughout most of our schools this year with training and assistance from our team, creating increasingly more positive school cultures and communities and increasing the impact of our work.

We welcome your input, involvement and ideas about our Project and the sustainability of the important work we are privileged to do with our students and families. Please contact Project Director, Tamara Luckett, at 602-347-2636 or at [tluckett@wesd.k12.az.us](mailto:tluckett@wesd.k12.az.us) with your thoughts and/or to propose a partnership. We look forward to hearing from you!

# New North Town News

Submitted by Lisa Kelley

I will always be indebted to my dear friend Mary Elizabeth "Betty" Bellanger. She taught me so much in the short four years of our community work together and wonderful friendship. What a fantastic mentor she was to me and so many others. As Lynn McDonald has said, I too feel it is not a goodbye to Betty, but a "see you later". I will carry on Betty's legacy in New North Town to the best of my abilities with the help of many others. We must all carry on Paul and Betty's legacy and work diligently to keep Sunnyslope the fine community it is to live in and raise our families in.

On May 20<sup>th</sup>, The Neighborhood Services Department sponsored a day to paint out graffiti in Sunnyslope in Betty's memory. A lot of people showed up from NSD, the Police Department including our Community Action Officers Jim Neverman and Vickie Berry, neighbors, as well as Paul and Betty's daughter Margie Anderson. Also in attendance were Kate McGee, Tom Brohpy and Polly Martino. We painted the bridge over the canal on 7<sup>th</sup> Street and behind the Post Office and several other places. We have been very fortunate and thankful in the past few months, there has been little to no graffiti to paint over in New North Town.

I spoke with Josie at Desert View Elementary PAC program, which is the afterschool program and summer program (Betty's Kids). She is enjoying a nice vacation after a busy summer program. Many of the children enjoyed swimming trips, making stuffed animals, heard many wonderful speakers and other activities. On the last day they all enjoyed putting on a fantastic talent show.

The children have planted a tree on Desert View campus with a nice plaque that reads "Shade for Their Kids", in loving memory of Paul and Betty Bellanger. A great picture of Paul and Betty also hangs on the walls of the cafeteria. The children painstakingly pulled out all the grass around the tree and planted flowers around it. It's a beautiful tree and it will provide shade for many years, just like Paul and Betty who provided many hours of a safe place for the kids to be after school and summers at Desert View.

A special Thank-you to Mr. Leo "Cookie Man" Jensen a resident of New North Town for his constant donation of fantastic Butter Cookies and Otter pops for all the kids to enjoy.

I attended the Washington Elementary School District Volunteer Appreciation Reception, Mrs. Kate McGee, board member and a friend of Betty's made a wonderful speech. Each person present received a pin that said "Volunteers, A Gift to the Community". The pin was presented along with a quote by Erma Bombeck, "Volunteers are the only humans beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience and just plain love for one another. Boy, does that describe our friend Betty.

Anyone wishing to help out in the community please call Lisa Kelley at 602-678-6900. The PAC program can always use a few extra hands, snack donations or anything else you like to help with. They can really use a lot of help with homework, a half hour of your time can make a world of difference.

A huge thank you to John C. Lincoln for allowing me to continue on with the New North Town News in Betty's memory. And a thank you for all that you do for our community in so many ways and very much appreciated.



Tree planted on Desert View Elementary School property in honor of Paul and Betty Bellanger.

# DREAMS FORECLOSED:






## Rampant Theft of Homes through Equity Stripping and Rescue Scams

Phony "mortgage rescue" and "home foreclosure prevention" schemes are a rapidly growing problem in Arizona. Desperate homeowners who have fallen behind on their mortgage payments and are on the verge of foreclosure may turn to these companies hoping to prevent the loss of their home.







**BE VERY CAREFUL!** Some foreclosure rescue programs are legitimate, but many are designed to take your home and steal any equity you have built up.

In one common foreclosure prevention scheme, the "rescue company" will lend the homeowner money (at high interest rates) to make back payments owed to the mortgage lender. The homeowner must agree to make monthly payments to the business that includes the original mortgage payment, plus a payment on the new loan. The homeowner also will be required to sign the deed over to the rescue company. The homeowner ends up renting their former home. If the homeowner fails to make all payments on time, the rescue company keeps the home and evicts the former homeowner. All rights and equity in the home have been lost.

### Red Flags

-  The lender requires that you sign over your deed and promises that once you have caught up with the past due mortgage payments, your home will be signed back to you.
-  You are required to pay a "service fee" to locate a lender or buyer for your home.
-  The lender offering to save your home from foreclosure rushes you through the transaction and urges you to sign documents immediately.
-  The lender promises to personally pay your past due mortgage payments directly to the original lender.
-  The lender forbids you to contact your mortgage company.

### Protect Yourself

-  Never sign over the deed to your home as part of a loan transaction. A deed should be signed over only if you are selling the home for a fair price.
-  Contact the Arizona Department of Financial Institutions (formerly Arizona State Banking Department) to determine if the company you are dealing with is a licensed financial lender and, if so, whether the lender has a disciplinary record.
-  Consult with an attorney, financial advisor, non-profit mortgage counseling agency or knowledgeable family member before signing any "rescue" documents.
-  Read every document carefully. Do not sign contracts or documents that have any blank spaces.
-  Make the monthly mortgage payments directly to the original lender. Do not allow another person to make payments on your behalf.
-  When behind in your mortgage payments, contact your lender first. Often a payment plan can be worked out that allows you to keep your home while working through financial problems.

Arizona Department of Financial Institutions, Consumer Affairs, Phone 602-255-4421 or <http://azdfi.gov/CAD/>

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## Arizona Trivia

In 1926, the Southern Pacific Railroad connected Arizona with the eastern states

The geographic center of Arizona is 55 miles (89 kilometers) southeast of Prescott

Bisbee, located in Tombstone Canyon, is known as the Queen of the Copper Mines. During its mining history the town was the largest city between Saint Louis and San Francisco.

The age of a saguaro cactus is determined by its height.

## Introducing the FREE Birth to Five Helpline

Parenting today can feel overwhelming, and parents often feel like they don't have all the answers to the many questions that come up when raising children. Subjects ranging from potty training, to sleeping habits, behavioral issues and nutrition can sometimes leave us feeling confused or incapable. Family and friends can be helpful, but they may not always have the answers or latest information.

Here is good news. Southwest Human Development and its Arizona Institute for Early Childhood Development are pleased to announce a new, FREE resource for parents and caregivers of young children: the Birth to Five Helpline at 1-877-705-KIDS.

Early childhood development specialists, registered nurses, disabilities specialists, early literacy specialists and mental health counselors are available to answer questions parents, caregivers *and* professions have about childre ages birth to five. Topics of interest include:

- Sleep/naptime
- Potty training
- Behavior problems
- Discipline
- Safety
- Early literacy
- Getting ready for kindergarten
- Health and nutrition

The helpline is staffed Monday through Friday from 8 am to 8 pm, and on Saturdays from 10 am to 2 pm. This is NOT an emergency line. It is designed to help you answer everyday questions, no matter how seemingly insignificant.

Southwest Human Development has specialized in services for infants, toddlers and preschoolers in Arizona for over 25 years and is a nationally recognized leader in early childhood development.

Remember, just call 1-877-705-KIDS - it's absolutely free, and the information is invaluable.



### **Community Barbeque Saturday Sep 9<sup>th</sup> 2006**

All are welcome to join us for a community barbeque, Saturday September 9<sup>th</sup>.

- Hamburgers, Hot Dogs, beef and pork sandwiches.
- Live music from the youth band.
- Games and crafts for the kids
- Inflatable bouncer.
- McGruff Finger Print Cards for Kids

### **October 31<sup>st</sup> 6-8 pm.**

#### **Community Fun night**

Looking for a safe place to bring the kids for Halloween? Come to North Village will have

- Games
- Candy
- Contests for best costume
- and other prizes

### **Purpose Statement:**

Growing closer to the heart of God by Reaching the lost,  
Adoring Jesus,  
Caring for one another and  
Equipping for ministry.

### **SUNDAY SERVICES**

Morning Bible Study 9:30 - 10:20 a.m.  
Morning Worship 10:45 a.m.  
Small Groups, Inc. 6:00 p.m.

### **WEDNESDAY SERVICES**

Awana Children's Club 6:45 - 8:15 p.m. *Starts Sep 6<sup>th</sup>*  
Youth M\*Pact Student Ministry 6:45 p.m.

**1010 E. Alice Ave Phoenix AZ**

**RSVP 602-944-2275**

Or by email [Evan@northvillage.org](mailto:Evan@northvillage.org)  
[www.northvillage.org](http://www.northvillage.org)



# Animal Care in the Heat of Summer



## Watering:

Feeding and hydrating your pet is most basic tip, but you should remember these points. Be aware of water hoses left in the Arizona sun. The temperature stored in the hose line is extremely hot. Even in the shade, the water can still be hot. So, before you spray your pet off, or give it any water, let the water run through the line until the temperature is cool enough for you to drink. Hot water is the cause for many injuries to animals, as it is for many children. Always test the water and be careful. Metal bowls retain heat; as a result many dogs will tip the bowls over in an attempt to stay cool, or just to play. Having good, large heavy bowl for water is important.

Misters and small play pools are a good way to keep your animal cooled down, but be aware of any children that have access to pools.

## Shade:

If your pet is chained up outside, metal chains and collars will absorb the heat and cause injury to the animal. Make sure there is shade that the pet can access, and remember that chains can be tangled or wrapped around things and that may prevent the pet from reaching water, shade, and food.

## Car Rides:

Do not leave animals in vehicles, even if the windows are down. The temperature inside the vehicles can be unbearable and may cause serious injury or even death.

## Pet Exercise:

If you are exercising your animals in the summer, the obvious times to do so are early morning and late evenings. Pavement will stay hot even after the sun is down, so be aware. A good rule of thumb is that if you cannot walk on the pavement or sidewalk in your bare feet, neither can your pet. Before you attempt to exert them in any way, your pets must be acclimated to the hot climate.

## Pet Grooming:

Shaving the dogs may make the owner feel better and make it easier for humans but that does not mean it is better for the animal. Long hair dogs need their fur for protection from the elements, including the sun. The last tip is as simple; always consult with your veterinarian with any health issues concerning your pet. And of course, if you witness any animal cruelty, please contact Animal Cruelty Hotline at 602-876-1681 or e-mail us at: [animal\\_cruelty@mcs.maricopa.gov](mailto:animal_cruelty@mcs.maricopa.gov)

## Sunnyslope Calendar of Events

All meetings are held at the Cowden Center, 9202 North Second Street, except Sunnyslope Block Watch Meetings.

2006	October	November	December
Sunnyslope Weed and Seed <b>Law Enforcement Committee-</b> 6:00 p.m.	17	21	19
Sunnyslope Weed and Seed <b>Neighborhood Restoration</b> <b>Committee-6:00 p.m.</b>	4	1	6
Sunnyslope Weed and Seed <b>Steering Committee-5:30 p.m.</b>	X	8	X
<b>Sunnyslope Youth and Family Partnership Meeting-8:00 a.m.</b>	5	2	7
<b>Sunnyslope Block Watches-6:00 p.m.- SVA Office-755 E.</b> <b>Hatcher</b>	10	14	12



## Deadline for the Next Issue of Neighbor to Neighbor

Do you have an event coming up? Did your neighbor do something great you want to share with the community? Is your child involved in an activity you have to tell everyone about? Neighbor-to-Neighbor is the perfect way to let the Sunnyslope community know what is going on!

If you would like your event, item of interest, story or news item to be in the **November/December 2006** issue of Neighbor to Neighbor, please have it to Lynn McDonald by **October 9, 2006**. You can fax it to 602-331-5819, or e-mail it to [lmcdon@jcl.com](mailto:lmcdon@jcl.com). Don't miss out on letting everyone know what is happening – be sure to get your items in by the deadline!



9221 N. Central Avenue  
Phoenix, Arizona 85020